

Magnesium

Supplement Facts		
Serving Size 2 Tablets		
Servings per container 30		
Amount Per Serving	% Daily Value	
Magnesium (as magnesium hydroxide from seawater)	400 mg	95%

Other Ingredients: Microcrystalline Cellulose, Corn Starch, Vegetable Stearic Acid, Film Coating (Hydroxypropyl MethylCellulose, Hydroxypropyl cellulose, Glycerine), Silicon Dioxide.

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