

Iron

Supplement Facts		
Serving Size 1 Capsule		
Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid) (fermented in culture media)	30 mg	33%
Iron (as ferrous fumarate) (fermented in culture media)	18 mg	100%

Other Ingredients: Culture Media Blend (Organic Soy Flour, Organic *Saccharomyces cerevisiae*, Organic Maltodextrin, *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, *Lactobacillus rhamnosus*, Organic Acacia, Papain, Bromelain, Organic Orange Peel), Capsule (Hydroxypropyl methylcellulose), Microcrystalline Cellulose, Silicon Dioxide, Rice Extract, Sunflower Oil.

Contains: Soy

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