

Chia-Flax

Nutrition Facts	
15 servings per container	
Serving Size 1 Scoop (10g)	
Amount Per Serving	
Calories	40
% Daily Value*	
Total Fat 2.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Sodium 0mg	0%
Total Carbohydrate 5g	3%
Dietary Fiber 4g	4%
Protein 1g	2%
Calcium 53mg	7%
Iron 1mg	6%
Niacin 1mg	6%
Phosphorus 50mg	4%
Selenium 3mcg	5%
Magnesium 24mg	7%
Not a significant source of cholesterol, total sugars, added sugars, vitamin D, and potassium.	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice	

Ingredients: Organic Chia Seed, Flaxseed, Organic Pea Fiber.

Keep out of reach of children.

Contact Us

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